

CURRICULUM VITAE
Timothy A. Pychyl (Psychology)

Education

Ph.D., Psychology	1995	Carleton University
Bachelor of Education	1991	University of Ottawa
Master of Arts, Psychology	1986	Carleton University
Certificate to Teach English	1984	Carleton University
Bachelor of Science (Honours)	1979	McMaster University

Academic Employment

Carleton University

Associate Professor, Department of Psychology (with cross appointment to the Centre for Initiatives in Education and the School of Linguistics and Applied Language Studies)

Appointed July 1, 2000.

Associate Dean of Students

August 15, 1999 – August 15, 2000

Assistant Professor, Department of Psychology

July 1, 1995 – June 30, 2000.

Lecturer, Department of Psychology

Term appointment July 1, 1994 - June 30, 1995.

Sessional Lecturer, Department of Psychology

September 1993 - June 1994

Instructor, Centre for Applied Language Studies

January 1990 - May 1991

University of Ottawa

Sessional Lecturer, Faculty of Education

May 1992 - April 1994

Assistant Teacher, Second Language Institute

Summers 1984 & 1985

Ottawa Board of Education

Teacher, Summit Alternative School (Grade 7)

September 1991 - August 1992

Professional and Academic Honours

University Medal for Distinguished Teaching	2006
Faculty of Arts and Social Sciences - Carleton University Teaching Award	2004-2005
Teaching Achievement Award – Carleton University	2001-2002
Fellow of the Salzburg Seminar - Universities Project 2000	2000
3M National Teaching Fellowship	1999
Ontario Confederation of Faculty Associations - Teaching Award	1998
Teaching and Learning Scholar, Carleton University	1996-1998
CUSA Teaching Excellence Award, Carleton University	1995-96
Individual Award of Excellence, Ottawa-Carleton Partnerships	1995
Senate Medal - Ph.D., Carleton University	1995
SSHRC Doctoral Fellowship	1986-1990
University Medal in Graduate Studies - M.A., Carleton University	1986
CMHC Graduate Scholarship	1985-1986

Publications

Edited Books

Schouwenburg, H.C., Lay, C., **Pychyl, T.A.**, & Ferrari, J.R. (2004). *Counseling the procrastinator in academic contexts*. American Psychological Association: Washington, D.C.

Ferrari, J.R., & **Pychyl, T.A.** (Eds.) (2000). *Procrastination: Current Issues and New Directions*. Special Issue of the *Journal of Social Behavior and Personality*, 15(5).

Chapters in Edited Books

Renon, F., **Pychyl, T.A.**, & Motz, C. (2008). Integrating information literacy into a large-class research assignment: A case study of “Team Personality”. In T.P. Mackey & T.E. Jacobson (Eds.), *Using technology to teach information literacy*, New York: Neal Schuman.

Pychyl, T.A., & Binder, K. (2004). *A project-analytic perspective on academic procrastination and intervention*. In H.C. Schouwenburg, C. Lay, T.A. Pychyl, & J.R. Ferrari (Eds.). *Counseling the procrastinator in academic contexts*. American Psychological Association: Washington, D.C.

Fox, J., **Pychyl, T.A.**, & Zumbo, B. (1997). An investigation of background knowledge in the assessment of language proficiency. In V. Kohonen, A. Huhta, S. Luoma & L. Kurki-Suonio (Eds.), *New Contexts, Goals, and Alternatives in Language Assessment*. Tampere, Finland: University of Tampere Press. pp. 367-384.

Articles in refereed journals

- Duvall Antonacopoulos, N. M. & **Pychyl, T. A.** (2008). An examination of the relations between social support, anthropomorphism and stress among dog owners. *Anthrozoös*, 21, 138-152.
- Shanahan, M., & **Pychyl, T.A.** (2007). An ego identity perspective on volitional action: Identity status, agency, and procrastination. *Personality and Individual Differences*, 43, 901-911.
- Ferrari, J.R., & **Pychyl, T.A.** (2007). Regulating speed, accuracy and judgments by Indecisives: Effects of frequent choices on self-regulation depletion. *Personality and Individual Differences*, 42, 777-787.
- Blunt, A., & **Pychyl, T.A.** (2005). Project systems of procrastinators: A personal project analytic and action control perspective. *Personality and Individual Differences*, 38, 1771-1780.
- Sirois, F.M., Melia-Gordon, M.L., & **Pychyl, T.A.** (2003). "I'll look after my health later": An investigation of procrastination and health. *Personality and Individual Differences*, 35 1167-1184.
- Pychyl, T.A.**, Coplan, R.J., & Reid, P.A. (2002). Parenting and Procrastination: Gender differences in the relations between procrastination, parenting style and self-worth in early adolescence. *Personality and Individual Differences*, 33(2), 271-285.
- Lavoie, J., & **Pychyl, T.A.** (2001). Cyber-slacking and the Procrastination Super Highway: A Web-based Survey of On-line Procrastination, Attitudes and Emotion. *Social Science Computer Review*, 19, 431-444.
- Makinen, J. & **Pychyl, T.A.** (2001). The differential effects of project stress on life satisfaction. *Social Indicators Research*, 53, 1-16.
- Pychyl, T.A.**, Lee, J., Thibodeau, R., & Blunt, A. (2000). Five Days of Emotion: An experience-sampling study of undergraduate student procrastination. *Journal of Social Behavior and Personality*, 15(5), 239-254.
- Pychyl, T.A.**, Morin, R.W., & Salmon, B.R. (2000). Procrastination and the Planning Fallacy: An examination of the study habits of university students. *Journal of Social Behavior and Personality*, 15(5), 135-150.
- Blunt, A., & **Pychyl, T.A.** (2000). Task aversiveness and procrastination: A multi-dimensional approach to task aversiveness across stages of personal projects. *Personality and Individual Differences*, 28, 153-167.
- Pychyl, T.A.**, Clarke, D., & Abarbanel, T. (1999). Computer-Mediated Group Projects: Facilitating Collaborative Learning with the World Wide Web. *Teaching of Psychology*, 29, 138-141.

Pychyl, T.A., & Little, B.R. (1998). Dimensional specificity in the prediction of subjective well-being: Personal Projects in pursuit of the Ph.D. *Social Indicators Research*, 45, 423-473.

Blunt, A., & **Pychyl, T.A.** (1998). Volitional action and inaction in the lives of undergraduate students: State orientation, boredom and procrastination. *Personality and Individual Differences*, 24(6), 837-846.

Articles in non-refereed journals

Pychyl, T.A. (2004). Expanding communities of practice: facultydevelopment.ca and the Institute for the Advancement of Teaching in Higher Education. *Teaching and Learning in Higher Education*, 37, 4-6.

Pychyl, T.A., & Fox, J. (1994). Inter-Ethnic stereotypes and teacher development: Foreign exchange. *Carleton Papers in Applied Language Studies*, 11, 43-53.

Fox, J., **Pychyl, T.A.**, & Zumbo, B. (1993). Psychometric Properties of the CAEL Assessment I: Overview of development, format, and scoring procedures. *Carleton Papers in Applied Language Studies*, 10, 1-12.

Zumbo, B., **Pychyl, T.A.**, & Fox, J. (1993). Psychometric Properties of the CAEL Assessment II: Dependability/Reliability of Placement Decisions. *Carleton Papers in Applied Language Studies*, 10, 13-27.

Manuscripts Submitted for Review

Bennett, S., Pychyl, T.A., & Wohl, M. (revise and resubmit). *The role of self-forgiveness for procrastinating in the prediction of future procrastination.*
 Duvall Antonacopoulos, N. M. & **Pychyl, T. A.** (revise and resubmit).
Relationships among Pet Ownership, Social Support, Pet Attachment and Psychological Health for Individuals Living Alone.

Papers Presented

Refereed Paper and Poster Presentations to Learned Societies

McGrath, A., Taylor, A., & **Pychyl, T.A.** (February 5, 2009). *Creating Useful Written Feedback: The effects of feedback on student performance and perceptions.* Paper presented at the annual meeting of the Society for Personality and Social Psychology Teaching Pre-conference, Tampa, Florida.

Haghbin, M., & **Pychyl, T.A.** (March 14, 2008). *Self-control in relation to parental independence and procrastination.* Paper presented at the Eastern Psychological Association conference, Boston.

Bennett, S., **Pychyl, T.A.**, Wohl, M.J.A., & Kovaltchouk, Z. (March 14, 2008). *Self-forgiveness for task-specific procrastination.* Paper presented at the Eastern Psychological Association conference, Boston.

Haghbin, M., & **Pychyl, T.A.** (July 24, 2007). *Psychological attachment and its relation to procrastination.* Paper presented at the biannual conference, Counseling the Procrastinator in Academic Settings, Catholic University of Peru, Lima, Peru.

- Pychyl, T.A.** & Rotblatt, A. (July 25, 2007). *Mindfulness meditation as an intervention for academic procrastination*. Paper presented at the biannual conference, Counseling the Procrastinator in Academic Settings, Catholic University of Peru, Lima, Peru.
- Haghighin, M., & **Pychyl, T.A.** (June 7, 2007). *Attachment styles and psychological separation in relation to procrastination: A Psychodynamic perspective on the breakdown in volitional action*. Poster presentation at the annual conference of the Canadian Psychological Association, Ottawa.
- Bennett, S., & **Pychyl, T.A.** (June, 2006) *Experiences of Shame and Guilt in Relation to Procrastination*. Poster presented at the annual conference for the Canadian Psychological Association, Calgary.
- Duvall-Antonacopoulos, N., & **Pychyl, T.A.** (June, 2006). *An Examination of the Relationship between Social Support, Anthropomorphism and Stress among Canine Owners*. Poster presented at the annual conference for the Canadian Psychological Association, Calgary.
- Wolfson, M., & **Pychyl, T.A.** (June, 2006). *Quantum Change in the Academic Lives of Undergraduate Students*. Poster presented at the annual conference for the Canadian Psychological Association, Calgary.
- Potvin, L., & **Pychyl, T.A.** (June, 2006). *A Volitional Intervention: The Effects Of Implementation Intentions On Sustaining An Environmentally Responsible Behavior*. Poster presented at the annual conference for the Canadian Psychological Association, Calgary.
- Perkins, K., & **Pychyl, T.A.** (June, 2006). *Personality And Procrastination: Examination Of Source Traits Using The IPIP-Hexaco*. Paper presented at the annual conference for the Canadian Psychological Association, Calgary.
- Morrison, T., & **Pychyl, T.A.** (June, 2006). *Personality Similarity As A Predictor Of Human-Canine Relationship Satisfaction*. Poster presented at the annual conference for the Canadian Psychological Association, Calgary.
- Edmondson, J., Sirois, F., & **Pychyl, T.A.** (June, 2006). *Exploring The Mediation Roles Of Coping And Negative Emotions In The Procrastination-Health Relationship*. Paper presented at the annual conference for the Canadian Psychological Association, Calgary.
- Shannahan, M., & **Pychyl, T.A.** (June, 2005). *The Relation of Ego Identity to Self-Reported Procrastination among Undergraduate Students*. Poster presented at the annual conference for the Canadian Psychological Association, Montreal.
- Niu, J., & **Pychyl, T.A.** (June, 2004). *Threatened Self-efficacy and Academic Procrastination*. Poster presented at the annual conference for the Canadian Psychological Association, Montreal.
- Pychyl, T.A.** (June 4, 2004). *"I'll look after my health later": Procrastination, well-being and why "I just don't do it!"* Paper presentation at the annual conference

of the Canadian Association for University Continuing Education, Niagara-on-the-Lake, Ontario.

Hughes, B., **Pychyl, T.A.**, Daniels, T., Gullason, L., Issac, A., MacNeil, C., Tulloch, J., Sherwood, T., Nimijean, R., & Watzlawik-Li, P. (June 18, 2004). *Our Faculty Learning Community: 11 teachers bring diversity and individuality to student assessment*. Session presented at the annual meeting of the Society for Teaching and Learning in Higher Education, University of Ottawa.

Pychyl, T.A., & Motz, C. (June 19, 2004). *Using Internet Technology to provide small-class learning activities in a large class*. Paper presented at the annual meeting of the Society for Teaching and Learning in Higher Education, University of Ottawa.

McCance, N., & **Pychyl, T.A.** (August 4, 2003). *From Task Avoidance to Action: An Experience Sampling Study of Undergraduate Students' Thoughts, Feelings and Coping Strategies in Relation to Academic Procrastination*. Paper presented at the 3rd Annual conference for Counseling Procrastinators in the Academic Context, University of Ohio, Columbus, Ohio.

Niu, J., **Pychyl, T.A.**, & Daniels, T. (June 14, 2003). *Internal factors related to relational aggression in childhood and adolescence*. Poster presented at the 64th Annual Convention of the Canadian Psychological Association, Hamilton, Ontario.

Pychyl, T.A., & Germain-Rutherford, A. (June 13, 2003). *Facultydevelopment.ca: Our next steps together*. Presentation at the annual conference of the Society for Teaching and Learning in Higher Education, University of British Columbia, Vancouver.

Lemieux, J.M. & **Pychyl, T.A.** (May, 2002). *The breakdown in intentional action: A study of self-change personal projects and the implications for parolee success*. Poster presented at the 63rd Annual Convention of the Canadian Psychological Association, Vancouver, B.C.

Melia-Gordon, M.L., Sirois, F. M., **Pychyl, T. A.** (August, 2001). Big-Five Personality Factors and coping styles: The Importance of 'Fit'. Poster presented at the 109th Annual American Psychological Association Convention, San Francisco, California.

Pychyl, T.A., & Binder, K. (July 6, 2001). *Exploring the effects of academic procrastination intervention through Personal Projects Analysis and measures of subjective well-being*. Paper presented at the 2nd biannual International Conference "Counseling the Procrastinator in Academic Settings", University of Groningen, Groningen, The Netherlands.

Pychyl, T.A., Coplan, R.J., & Reid, P.A.M. (July 8, 2001). *Gender differences in the relations between procrastination, parenting style and self-worth in early adolescence*. Paper presented at the annual conference of the International Society for the Study of Individual Differences, Edinburgh, Scotland.

Melia-Gordon, M. L., Sirois, F. M., & **Pychyl, T. A.** (June, 2001). Student procrastination: Coping with the stress of academic life. In L. A. Goodine

(chair) *The health and well-being of university students: Coping, personality, and performance*. Symposium presentation at the *Canadian Psychological Association's 62nd Annual Convention*, Ste. Foy, Quebec.

- Sirois, F. M., Melia-Gordon, M.L., & **Pychyl, T. A.** (June, 2001). First-year university students' health, well-being, and academic performance: The role of coping. In L. A. Goodine (chair) *The health and well-being of university students: Coping, personality, and performance*. Symposium to be presented at the *Canadian Psychological Association's 62nd Annual Convention*, Ste. Foy, Quebec.
- Melia-Gordon, M.L., Sirois, F. M., & **Pychyl, T. A.** (June, 2001). *Procrastinators' coping styles: Restraint in the face of demand*. Poster presented at the *13th Annual American Psychological Society's Convention*, Toronto, Ontario.
- Sirois, F. M., Melia-Gordon, M.L., & **Pychyl, T. A.** (June, 2001). "I'll look after my health later": An investigation of procrastination and health. Poster presented at the *13th Annual American Psychological Society's Convention*, Toronto, Ontario.
- Pychyl, T.A.**, Adam, C., Daniels, T., Huberman-Arnold, D., Hughhs, B., & MacNeil, C. (June 15, 2001). *Moving from curricular goals to classroom practice: Strategies that enhance student learning in first-year seminars*. Presented at the annual meeting of the Society for Teaching and Learning in Higher Education, St. John's, Newfoundland.
- Pychyl, T.A.** (July 1, 2000). *Strategies for enhancing the first-year experience in Psychology*. Workshop presented at the annual convention of the Canadian Psychological Association, Ottawa.
- Vestervelt, C. **Pychyl, T.A.**, & Blunt, A. (June 30, 2000). *Confirmatory factor analyses of four current measures of procrastination*. Poster presented at the annual convention of the Canadian Psychological Association, Ottawa.
- Zamanpour, H., & **Pychyl, T.A.** (June 30, 2000). *The cognitive-affective antecedents of avoidance achievement motivation and academic procrastination*. Poster presented at the annual convention of the Canadian Psychological Association, Ottawa.
- Pychyl, T.A.**, Lay, C., Senecal, C., & Ferrari, J.R. (June 29, 2000). *Motivation, personality, self-presentation and emotion: Perspectives on procrastination*. Symposium presented at the annual convention of the Canadian Psychological Association, Ottawa.
- Dunn, G., & **Pychyl, T.A.** (June 29, 2000). *Exploring stress, coping and academic procrastination through a measure of salivary cortisol*. Poster presented at the annual convention of the Canadian Psychological Association, Ottawa.
- Dence, C.E., Clarke-Okah, A., Adam, C., & **Pychyl, T.A.** (June 16, 2000). *New models for first year courses: Teaching for student success*. Panel presented at the annual meeting of the Society for Teaching and Learning in Higher Education, St. Catharines, Ontario.

- Reynolds, R., & **Pychyl, T.A.** (June 16, 2000). *Computers as learning technologies: The student perspective*. Paper presented at the annual meeting of the Society for Teaching and Learning in Higher Education, St. Catharines, Ontario.
- Hunt, R., & **Pychyl, T.A.** (June 15, 2000). *Helping students learn through public online writing*. Paper presented at the annual meeting of the Society for Teaching and Learning in Higher Education, St. Catharines, Ontario.
- Pychyl, T.A.**, & Zamanpour, H. (May 13, 2000). *The cognitive-affective antecedents of avoidance achievement motivation and academic procrastination*. Paper presented at the Seventh Workshop on Achievement and Task Motivation: An International Conference on Motivation, Leuven, Belgium.
- Ferrari, J.R., Hammer, C.A., Gunderson, P.R., Blunt, A., & **Pychyl, T.A.** (March 23, 2000). *The personal strivings of chronic procrastinators: Past, present and future*. Poster presented at the annual meeting of the Eastern Psychological Association, Baltimore, Maryland.
- Corace, K., & **Pychyl, T.A.** (June 17, 1999). *Procrastination as a coping style: An empirical analysis*. Poster presented at the annual meeting of the Canadian Psychological Association.
- Binder, K., & **Pychyl, T.A.** (June 16, 1999). *The effects of intervention on student procrastination and well-being*. Poster presented at the annual meeting of the Canadian Psychological Association.
- Pychyl, T.A.** & Morin, R. (April 16, 1999). *Procrastination and the planning fallacy: An examination of the study habits of university students*. Paper presented at the annual meeting of the Eastern Psychological Association, Providence, RI.
- Pychyl, T.A.** (June 27, 1998). *Bringing the students' voice to course Web sites: Strategies for enhancing student involvement in course Web sites and news groups*. Paper presented at the 18th annual meeting of the Society for Teaching and Learning in Higher Education, Mount Allison University, Sackville, New Brunswick.
- Pychyl, T.A.** with Ottawa Participatory Researchers in Education (OPRIE) (May 28, 1998). *Evolution of a school-university partnership: Critical reflections*. Panel session presented at the annual meeting of the Congress of the Social Sciences and Humanities, University of Ottawa.
- Pychyl, T.A.** (February 27, 1998). *Time, aversiveness, self-discipline and stress: Exploring aspects of procrastination*. Research symposium presented at the annual meeting of the Eastern Psychological Association, Boston, Mass.
- Pychyl, T.A.** (June 13, 1997). *Student connectedness - Educational partnership through participatory research*. Paper presented at the 17th annual meeting of the Society for Teaching and Learning in Higher Education, University of Regina, Regina, Saskatchewan.

- Barton, B., Middleton, A., **Psychyl, T.A.**, Strean, B., Thorpe, E., & Varnhagen, C. (June 13, 1997). *Let's not rush into this: Developing a dialogue on using instructional technology*. Panel discussion presented at the 17th annual meeting of the Society for Teaching and Learning in Higher Education, University of Regina, Regina, Saskatchewan.
- Adam, C., Fox, J., & **Psychyl, T.A.** (August, 1996). *Teaching writing, evaluating writing: Disciplinary and contextual effects*. Paper presented at the annual conference for the International Association of Applied Linguistics (AILA), Jyväskylä, Finland.
- Fox, J., Zumbo, B., & **Psychyl, T.A.** (August, 1996). *An investigation of background knowledge in the assessment of language proficiency*. Paper presented at the annual meeting of the Language Testing Research Colloquium, Tampere, Finland.
- Psychyl, T.A.**, & Neil, D.R. (June, 1996). *Teaching and learning with technology: Restructuring assignments and evaluation*. Paper presented at the 16th annual meeting of the Society for Teaching and Learning in Higher Education, University of Ottawa, Ottawa.
- Psychyl, T.A.**, & Squire, S.J. & (June, 1996). *Curricular Innovation: Interdisciplinary study in first year social science*. Paper presented at the 16th annual meeting of the Society for Teaching and Learning in Higher Education, University of Ottawa, Ottawa.
- Psychyl, T.A.**, & Ramisch, S. (June, 1996). *Hearing the students' voice in first-year experience research*. Poster presented at the 16th annual meeting of the Society for Teaching and Learning in Higher Education, University of Ottawa, Ottawa.
- Smith, S., Gillett, B., Moore, M., **Psychyl, T.**, Robertson, H., & Wilson, B. (June, 1996). *Weeded out or pushed out? Academic problems facing first year students*. Panel discussion, 16th annual meeting of the Society for Teaching and Learning in Higher Education, University of Ottawa, Ottawa.
- Squire, S.J., & **Psychyl, T.A.** (October, 1996). *"Fruits, Salads, Smoothies" and first year Social Science: Creating a new space for interdisciplinarity at Carleton University*. Paper presented at the annual conference of the Association for Integrative Studies, Eastern Michigan University, Michigan.
- Dence, C., & **Psychyl, T.A.** (June, 1995). *Using electronic communication for teaching and learning*. Paper presented at the 15th annual meeting of the Society for Teaching and Learning in Higher Education, University of Western Ontario, London.
- Psychyl, T.A.**, & Fox, J. (March, 1995). *Facilitating success: Language testing and the first-year experience*. Work-in-progress session presented at the Language Testing and Research Colloquium, Los Angeles, California.
- Magahay, W., Fox, J., & **Psychyl, T.A.** (June, 1994). *Carpe diem: Teachers as policy makers*. Paper presented at the International Conference on Immigration, Language Acquisition and patterns of Social Integration, Hebrew University of Jerusalem, Jerusalem, Israel.

- Zumbo, B., **Pychyl, T.A.**, & Fox, J. (March, 1994). *Independence: A lurking assumption of the statistical models used in language testing*. Paper and experimental workshop session presented at the Language Testing Research Colloquium, Washington, D.C.
- Pychyl, T.A.**, & Fox, J. (August, 1993). *Training teachers for the multicultural classroom: The role of intergroup contact in attitude change and ethnic relations*. Poster presented at the annual conference for the International Association of Applied Linguistics (AILA), Amsterdam.
- Fox, J., Zumbo, B., & **Pychyl, T.A.** (March, 1992). *Psychometric Properties of the CAEL: Reliability/Dependability of Placement Decisions*. Paper presented at the Language Testing Research Colloquium, University of British Columbia, B.C.
- Fox, J., & **Pychyl, T.A.** (March, 1991). *The Carleton Assessment of English Language: Linking testing and learning*. Poster presented at the Language Testing Research Colloquium, Educational Testing Service, Princeton, N.J.
- Pychyl, T.A.** & Cherry, F. (June, 1989). *The rhetoric of change: The emergence of experimental social psychology*. Paper presented at the Canadian Psychological Association convention, Halifax.
- Pychyl, T.A.**, & Heney, J. (June, 1989). *The content of self-disclosures in the initiation of pen pal relationships*. Poster presented at the Canadian Psychological Association convention, Halifax.
- Pychyl, T.A.**, Hoge, R., & Little, B.R. (1987, June). *Context, appraisal, and coping: Situational determinants of the coping response*. Poster presented at the Canadian Psychological Association convention, Vancouver.
- Pychyl, T.A.**, & Little, B.R. (1986, June). *Psychological hardiness and mental health*. Paper presented at the Canadian Psychological Association convention, Toronto.
- McIntyre, N., & **Pychyl, T.A.** (1986, June). *Personal projects systems of the elderly and personal schemata*. Paper presented at the Canadian Psychological Association convention, Toronto.
- Little, B.R., **Pychyl, T.A.**, & Gordon, C.C. (1986, April). *What's a place like this doing in a project like me?* Paper presented at the Eastern Psychological Association convention, New York.

Papers presented to Other Academic Bodies

- Pychyl, T.A.** (April 23, 2009). *In pursuit of excellence and well-being*. Keynote presentation made to the Toronto District Principals' Association, Toronto.
- Pychyl, T.A.** (February 24, 2009). *Deep learning in a digital age: The promise and peril of teaching the Facebook generation*. Invited panelist and workshop presenter for the Festival of Learning held at George Brown College, Toronto.

- Pychyl, T.A.** (January 8, 2009). *Making a vision of the possible a reality for learning: Four Issues for the implementation of Course Management System technologies for teaching & learning*. Invited keynote address for the Ontario eLearning Consortium (Ontario Public School Superintendents), Kingston, Ontario.
- Pychyl, T.A.** (October 21, 2008). *The benefits of outcome-based teaching and learning in higher education*. Invited presenter for a debate hosted at George Brown College, Toronto.
- Pychyl, T.A.** (June 3, 2008). *The seven habits of effective teachers: Reflections on nourishing the self who teaches*. Keynote address given as part of the College Educator Development Program – Phase 3. Fanshawe College, London.
- Pychyl, T.A.** (June 3, 2008). *Keeping on step ahead of procrastination: Let's just get started*. Workshop presentation for the College Educator Development Program – Phase 3. Fanshawe College, London.
- Pychyl, T.A.** (May 15, 2008). *Making a vision of the possible a reality for learning: Four Issues for the implementation of Course Management System technologies for teaching & learning*. Invited keynote address and workshop presented to the faculty and staff of Algoma College University, Sault Ste. Marie, Ontario.
- Pychyl, T.A.** (May 13, 2008). *Teaching the Facebook generation: Strategies for the implementation of instructional technology and enhancing student self-regulation*. Invited keynote address and workshop presented to the faculty and staff of Cambrian College, Sudbury, Ontario.
- Pychyl, T.A.** (April 29, 2008). *The psychology of student self-regulation and engagement: Strategies for lighting the fire for learning*. Invited keynote and workshop presentations for Fleming College, Lindsay, Ontario.
- Pychyl, T.A.** (February 26, 2008). *Lighting the fire for student learning: Strategies to enhance student engagement*. Invited talk and workshop at George Brown College, Toronto.
- Pychyl, T.A., Neathery, B., & Wakefield, J.** (February 20, 2008). *Providing flexible access to class-based learning through podcasting and videostreaming*. Pre-conference workshop presented for the first annual “First-year in Focus at Canadian Colleges and Universities” conference, Carleton University.
- The value of communities: A conversation around the development of a faculty educational and resource community for introductory psychology*. (June 9, 2007). Facilitator for Conversation session at the annual conference for the Canadian Psychological Association, Ottawa.
(Participating instructors included: Matthew Sorley, Christopher Motz, Matthew Holahan, Anne Bowker, Anne Trinneer & Bruce Tsuji.
- Pychyl, T.A.** (June 25, 2007). *The importance of faculty development*. Invited keynote address to the sixth International Institute for New Faculty Developers offered by the *Professional and Organizational Development Network in Higher Education and the Institute for the Advancement of Teaching in Higher*

Education, University of Ottawa.

- Pychyl, T.A.** (June 5, 2007). *Teaching across the rhythms and changes in our professional lives: Reflections on effective teaching*. Invited faculty retreat plenary for George Brown College, Orillia, Ontario.
- Pychyl, T.A.** (May 28, 2007). *The effective and authentic teacher in the age of on-line students, laptop U's and "wired" professors*. Invited conference keynote for the Western Region Colleges Educator Development Program; Phase 4, Ridgetown College, Ridgetown, Ontario.
- Pychyl, T.A.** (April 21, 2007). *Making a vision of the possible a reality for learning: Four issues for the implementation of technology for teaching and learning*. Keynote presentation for the Small High School Summit Conference, Cornwall, Ontario.
- Pychyl, T.A.** (April 20, 2007). *Academic Procrastination*. Workshop presented for the Small High School Summit Conference, Cornwall, Ontario.
- Pychyl, T.A.** (February 27, 2007). *Making a vision of the possible a reality for learning: Four Issues for the implementation of technology for teaching & learning*. Invited plenary address to faculty at Sir Sandford Fleming College, Peterborough and Lindsay campuses.
- Pychyl, T.A.** (May 11, 2006). *Making a vision of the possible a reality for learning: Four issues for the implementation of technology for teaching and learning*. Invited keynote address for the Interface 2006 Conference sponsored by the Alberta Distance Education and Training Association, University of Lethbridge. Alberta.
- Pychyl, T.A., Motz, C., & Renon, F.** (April 19, 2006). *An educational community in the classroom: Using layers of technology and an integrated team approach to enhance student communication and engagement in a large class*. Invited presentation by Richard Pinet, Manager eLearning, University of Ottawa.
- 24/7 and "Just-in-time" Learning: Students' communication needs and expectations regarding faculty-student email.* (February 22, 2006). Panel presentation organized and chaired for the EOSET and McGraw-Hill Ryerson Teaching, Learning and Technology Conference 2006, Carleton University, Ottawa. (Panel participants were members of my third-year honours seminar)
- Lyons, P., & **Pychyl, T.A.** (February 21, 2006). *"Professors in the palm of your hand": Using podcasts for teaching and learning*. Presentation for the EOSET and McGraw-Hill Ryerson Teaching, Learning and Technology Conference 2006, Carleton University, Ottawa.
- Pychyl, T.A., Motz, C., & Renon, F.** (February 21, 2006). *An educational community in the classroom: Using layers of technology and an integrated team approach to enhance student communication and engagement in a large class*. Presentation for the EOSET and McGraw-Hill Ryerson Teaching, Learning and Technology Conference 2006, Carleton University, Ottawa.

- Pychyl, T.A.,** Neathery, B., & Burton, K. (February 20, 2006). *Exploring Streaming Video as a tool for Teaching and Learning*. Pre-conference workshop presented at the EOSET and McGraw-Hill Ryerson Teaching, Learning and Technology Conference 2006, Carleton University, Ottawa.
- Pychyl, T.A.,** Motz, C., & Renon, F. (February 4, 2006). *An Educational Community in the Classroom: Using Layers of Technology and an Integrated Team Approach to Engage Learners in and out of the Classroom*. Presentation for the 2006 Ontario Library Association Superconference, Toronto, Ontario.
- Pychyl, T.A.** (November 4, 2005). *When large classes feel like seminars: Students tell me it's true!* Workshop presented at the "From Research into Practice" Conference on Learning Disabilities, Toronto.
- Pychyl, T.A.** (September 14, 2005). Panel presentation on best practices in E-Learning for the OCRI conference, "Transitions in Advanced Learning", Congress Centre, Ottawa
- Pychyl, T.A.** (October 1, 2004). *Integrating Technology into Teaching Large Classes: Success Factors for a Hybrid Learning Environment*. Invited presentation for the Distinguished Educator Series, sponsored by the Learning and Teaching Office and the Dean of Arts, Ryerson University, Toronto.
- Pychyl, T.A.,** & Day, R. (May 12, 2004). *Web Tools and Strategies for Supporting Student Learning in Larger Classes*. Pre-conference workshop for the Blending Classroom & eLearning Practice Conference, Simon Fraser University. B.C.
- Pychyl, T.A.** (May 13, 2004). *Integrating Technology into Teaching and Learning: Success Factors for a Hybrid Learning Environment*. Keynote address for the Blending Classroom & eLearning Practice Conference, Simon Fraser University. B.C.
- Pychyl, T.A.,** & Pinet, R. (May 14, 2004). *Facultydevelopment.ca*, Presentation made at the Blending Classroom & eLearning Practice Conference, Simon Fraser University. B.C.
- Pychyl, T.A.** (April 30, 2004). *Student Engagement and Web-based Learning*. Presentation made at the Teaching and Learning Seminar, Dawson College, Montreal.
- Pychyl, T.A.** (April 28, 2004). *Facultydevelopment.ca: An overview and invitation to participate*. Presentation made at the Teaching and Learning Seminar, Queen's University, Kingston.
- Germain-Rutherford, A., & **Pychyl, T.A.** (April 16, 2004). *Engaging and Reflecting on Active Learning*. Invited workshop delivered at Queen's University, Kingston.
- Pychyl, T.A.** (April 8, 2004). *Teaching Large Classes: Strategies and Success Factors for the new Hybrid Learning Environment*. Invited presentation made

at the Teaching and Learning Seminar, University of Ontario Institute of Technology, Oshawa.

- Pychyl, T.A.** (March 19, 2004). *Student Engagement and Web-based Learning*. Invited presentation made at the Teaching and Learning Seminar, University of Guelph-Humber, Toronto.
- Pychyl, T.A., & Motz, C.** (February 27, 2004). *Using Internet-technologies to provide small-class learning activities in large classes*. Presentation made at the Teaching, Learning and Technology Conference, University of Ottawa, Ottawa.
- Pychyl, T.A., & Germain-Rutherford, A.** (February 26, 2004). *Facultydevelopment.ca: An invitation to a Pan-Canadian collaborative project*. Presentation made at the Teaching, Learning and Technology Conference, University of Ottawa, Ottawa.
- Pychyl, T.A.** (February 17, 2004). *What's in IT for my students makes all the difference*. Invited presentation at the University of Victoria, Information Technology Week, Victoria.
- Pychyl, T.A., & Motz, C.** (December 2, 2003). *An online survey tool to facilitate social-scientific reasoning*. Presentation made for the 1st Annual Eastern Ontario Symposium on Educational Technology (EOSET): Sharing Best Practices - Challenges and Opportunities in Learning Technology, Queen's University, Kingston.
- Pychyl, T.A., Mitterer, J., Zywno, G., & Germain-Rutherford, A.** (November 23, 2003). *Strategies to address the challenges of Learning in Large Classes*. A pre-conference workshop presented as part of the Teaching, Learning and Technology Conference, Ryerson University, Toronto.
- Pychyl, T.A.** (August 27, 2003). *Comments from the classroom: Student feedback to guide teaching practice*. Invited presentation to new faculty at Wilfrid Laurier University, Waterloo.
- Pychyl, T.A.** (August 13, 2003). *Learning technology at the institutional level: Issues and trends*. Invited address for the Annual Summer Institute of the Office for Partnerships and Advanced Skills, Toronto Ontario.
- Pychyl, T.A.** (June 9, 2003). *Facultydevelopment.ca: An invitation to a Pan-Canadian collaborative project*. Presentation made at the Teaching, Learning and Technology Conference, University of Victoria, Victoria, B.C.
- Pychyl, T.A.** (May 8, 2003). *Facultydevelopment.ca: An invitation to a Pan-Canadian collaborative project*. Presentation made at the Teaching, Learning and Technology Conference, University of Toronto, Toronto.
- Pychyl, T.A.** (February 23, 2002). *Teaching excellence and the "wired professor."* Closing keynote address delivered for the 2002 Educational Technology Conference Series - "Student Success: Learning with Technology" held at the University of Guelph, Guelph, Ontario.

- Pychyl, T.A.** (December 6, 2001). *The economics of attention in the age of networked intelligence: Teaching excellence and the "wired professor."* Opening keynote address delivered for the Learning Technology Symposium, Centre for Leadership in Learning, McMaster University, Hamilton, Ontario.
- Pychyl, T.A.** (October 19, 2001). *Seven habits of highly successful teachers.* Keynote address delivered for the 2001 Educational Technology Conference Series held at Ryerson University, Toronto, Ontario.
- Pychyl, T.A.** (June 4, 2001). *Teaching and learning in the age of networked intelligence.* Presentation for the Educational Technology Conference, York University, Toronto.
- Pychyl, T.A.** (November 21, 2000). *Teaching and learning in the age of networked intelligence.* Invited plenary talk presented at the Educational Technology Conference, Concordia University, Montreal.
- Pychyl, T.A.** (August 17, 1999). *In pursuit of the Ph.D.: What personal project interviews reveal about academic procrastination.* Paper presented at the international conference on Counseling the Procrastinator in Academic Settings, York University, Toronto.
- Krauthaker, L., & **Pychyl, T.A.** (April 30, 1998). *Voices of partners in education.* Panel presentation at the meeting of the *Eastern Ontario Staff Development Network* held at the University of Ottawa.
- Pychyl, T.A.** with Ottawa Participatory Researchers in Education (OPRIE) (January, 1997). *Teachers are Researchers Too: Participatory Research in Schools.* Panel presentation at the *National Consultation on Career Development Conference*, University of Ottawa, Ottawa.
- Pychyl, T.A.** & Fox, J. (March, 1996). *Alternative Assessment: Integrated skills tests.* Panel participant for the pre-conference institute on alternative assessment, *Teaching of English to Speaker of Other Languages Conference*, Chicago.
- Pychyl, T.A.**, Coyle, A., & Krauthaker, L. (November 3, 1994). *Bridging the gap between partners: From resource to learning.* Paper presented at the *Ontario School Counsellors' Association Conference*, Ottawa.
- Pychyl, T.A.**, & Fox, J. (June, 1993). *The diploma course in English language and teaching methods for international teachers as a foreign language: A summary of some of the issues affecting teacher education.* Paper presented at the pre-conference meeting of *The Among Teachers Community*, Ottawa, Ontario.
- Fox, J., **Pychyl, T.A.**, Axler, M. & Wood, D. (November, 1992). *The diploma course in English language and teaching methods for international teachers as a foreign language.* Paper presented at the annual *Teachers of English to Speakers of Other Languages (TESOL) Conference*, Toronto, Ontario.
- Pychyl, T.A.** (November, 1989). *The emergence of experimental methods in social psychology, 1890 - 1920.* Paper presented at the eleventh annual *History and Theory of Psychology Colloquium*, University of New Hampshire.

Non-academic Talks

Getting around to putting it off, or Why I finally cleaned out my fridge (January 14, 1997). Invited presentation about procrastination made to *Health Canada*, Ottawa, Ontario.

Other Important Forms of Scholarly Productivity

Invited Talks

Pychyl on Procrastination. Workshops offered to students in the Enriched Support Program of the CIE, January 22 & 24, 2008.

Procrastination, well-being and why "I just don't do it!" (March 4, 2005). Invited plenary address, annual Undergraduate Thesis Conference, University of Ottawa.

I'll look after my health later: Procrastination, well-being and why 'I just don't do it!' (October 12, 2005). Invited presentation to the Canadian Federation of University Women, Kanata.

Integrating technology into teaching and learning: Success factors for a hybrid learning environment. (March 5, 2004). Invited presentation to the Ottawa Centre for Innovation and Research (OCRI), Chateau Laurier Hotel, Ottawa.

What is our vision of teaching? Addressing systemic barriers to information literacy skill instruction. (March 18, 2001). Invited keynote address to the 30th annual Workshop in Library Instruction (WILU), Carleton University, Ottawa.

Volitional action and Procrastination: Why don't I just do it? (May 11, 2001). Closing keynote CUE Program, Carleton University.

Getting Personal and Using Technology: Developing and Using Technology as a Strategic Asset for Student Affairs. (April 13, 2000). Invited lecture for the Ontario Committee on Student Affairs, Toronto.

Time Management. (September 20th & February 16th, 1999). A study skills workshop presented with Alia Alzand for *Student Life Services*, Carleton University.

What is your personality? (February 25, 1999). Workshop presented to visiting high school students as part of the annual *High School Partners' Conference*, Carleton University.

Presentation on CHAT. (January 26, 1999). Presentation made to representatives from Bell Canada and ScotiaBank to demonstrate the impact of support received by both donors and what it has meant to current students and faculty.

Why don't you just do it?: Getting inside the head of a procrastinator. (May 16, 1998). Keynote closing address for the annual Carleton University Experience Program.

Cliques, crowds and friendships in adolescence: Welcome to developmental psychology. (May 15, 1998). Lecture delivered to visiting high school students as part of the annual Carleton University Experience Program.

Making Effective Presentations. (November 12, 1997). Lecture and workshop provided for Senior Scientists at *Health Canada, Pesticides Division*, Ottawa.

Time Conflict, Time Urgency, Time Adequacy . . . Coping with daily hassles and stress! (February 21, 1997). Workshop presented for the *Ottawa and Carleton Boards of Education Professional Development Day*.

The message is the medium: Who is influencing who? (November 26, 1996). Panel/Salon hosted with Mr. Max Keeping (Vice-President of News and Public Affairs - CJOH-TV, Ottawa) for the *National Conference Canada's Children . . . Canada's Future*, co-sponsored by the Child Welfare League of Canada and the Ontario Association of Children's Aid Societies.

Getting around to putting it off: Volitional Action and Procrastination, or why I finally cleaned out my fridge. (May, 1996). Paper presentation at the annual faculty *Spring Conference* for Carleton University, Opinicon Lodge, Chaffey's Locks.

Faculty/Teaching Assistant Training

Teaching with our mouths shut: Active learning in the FYS classroom – Invited plenary presentation for the First-Year Seminar Instructors' workshop, Faculty of Arts and Social Sciences, Carleton University, August 9, 2007.

TA mentors: Power relations and "The courage to teach" – Invited workshop presentation for the Learning Support Services TA Mentors Program, August 28, 2007.

CUASA Fall Teaching Workshops (October 15, October 29 and November 19, 2004) *Teaching Evaluations: How to make them work for you*. Co-presented with Michael Wohl (Psychology) and Devon Woods (SLALS).

Teaching Dossier Workshop (May 4, 2004). Invited presentation for the Centre for Initiatives in Education instructional staff.

Teaching Dossier Workshop (May 5, 2004). Invited presentation for CUASA, Carleton University.

Moving from curricular goals to classroom practice: Strategies that enhance student learning in first-year seminars. (August 22, 2001). Workshop presented to FYS instructors, Carleton University. (With Adam, C., Daniels, T., Huberman-Arnold, D., Hughhs, B., & MacNeil, C.)

Three Components of the Good Lecture. (September 2000, 1999, 1998). Workshop presented to Teaching Assistants as part of the fall orientation program organized by the Teaching and Learning Resource Centre, Carleton University.

Critical Incidents. (September, 2000, 1999, 1998). Workshop presented to Teaching Assistants as part of the fall orientation program organized by the Teaching and Learning Resource Centre, Carleton University.

Affect, Behaviour and Cognition. (August, 1999 & April 29, 1998). Workshop presented to first-year instructors as part of the First-Year Seminars: Instructor's Network Spring Retreat.

Let's give them something to talk about! (August 28, 1997). Presentation on effective group work given to Sessional Lecturers as part of their orientation, Carleton University.

Three Components of the Effective Lecture. (September 6, 1997). Presentation to Teaching Assistants as part of their general orientation, Carleton University.

Effective Lecturing (April 4, 1997). Presentation made to the doctoral students and faculty in the School of Business, Carleton University.

Research on Effective Teachers (January 24, 1997). Presentation made to the doctoral students and faculty in the School of Business, Carleton University.

Three Components of the "Good" Lecture. (September 6, 1996). Workshop for Teaching Assistants presented for the Teaching and Learning Resource Centre, Carleton University.

Classroom Discussion Techniques (March 5, 1996). Faculty development workshop presented for the Teaching and Learning Resource Centre, Carleton University.

Teaching Assistant "Brown-Bag" Seminars (September 1995 - December 1996). Series of workshops presented for teaching assistants as part of their on-going professional development, Teaching and Learning Resource Centre, Carleton University.

You and Your "TA": Preparing your Teaching Assistant for Success (September 7, 1995). Faculty development workshop presented for the Teaching and Learning Resource Centre, Carleton University.

Coping with graduate school (September 5, 1995 & 1996). Graduate-student workshop presented to new graduate students for Counselling and Student Life Services, Carleton University.

Educational Partnership

Bridging the Gap: Principles for facilitating university transition (May 28, 1997). Invited presentation and discussion for library personnel, MacOdrum Library, Carleton University.

Getting around to putting it off or why that homework just doesn't seem to get done (February 25, 1997). Keynote address delivered at the annual Partnership Conference, Carleton University.

Adolescence: What's all this fuss about puberty anyway? (February 23, 1995). Workshop presented for local High School partners at Carleton University.

A Synectic Model of Partnership (December 9, 1994). Workshop presented at the PARTNERS Fall Workshop, Ottawa-Carleton Association of Partners-in-Education, Ottawa.

Technology and Teaching

Email and Newsgroups that Work. (April 30, 1998). Workshop co-presented with R. de Pourbaix to first-year instructors as part of the First-Year Seminars: Instructor's Network Spring Retreat.

Field of Dreams (March 17, 1997). Faculty workshop presented on strategies to enhance computer mediated discussion groups. Carleton University, Teaching Expo.

CHAT: Strategies for Success with Instructional Technology. (August 29 & September 4 & 6, 1996). Workshop presented to Sessional Lecturers, Faculty and Teaching Assistants for the Teaching and Learning Resource Centre, Carleton University.

Teaching with CHAT (May 11, 1995). Faculty development workshop about teaching with electronic mail and the internet presented for the Teaching and Learning Resource Centre, Carleton University.

CHAT Workshop (August 30, September 7 & 9, 1994). A series of workshops presented to sessional lecturers, faculty and teaching assistants (respectively) at Carleton University on how to use Carleton's Hotline for Administration and Teaching (i.e., email) as a teaching and learning resource in class.

Curriculum Design

The Challenge of Choice: Integrating the Curriculum at the level of the individual student. (June 22, 1993) Invited workshop, Seventh Annual Excellence Conference - Change and Challenge In Transitions. Ottawa Board of Education.

The Challenge of Choice: Negotiating the curriculum through self-directed study. Guest lecture for PED 2264 -Curriculum Design for ESL - February 16, 1993, University of Ottawa.

The Family Unit. (October, 1992) Professional Development Day workshop presented for the Ottawa Board of Education, Ottawa.

Research Grants

External

Funding Agency: Ontario Ministry of Training, Colleges, and Universities
Project: *Promoting Successful Integration of New Immigrant University Professors into Ontario Post Secondary Institutions*

Total funding awarded: \$549,911 over 3 years (with matching funds for a total of \$946,525)

(Note: This research grant is part of my work with the *Institute for the Advancement of Teaching in Higher Education*. During 2004, I was the founding Executive Director of the Institute who is a partner in this grant.)

CANARIE (Industry Canada) - \$500,000 for the research and development of **facultydevelopment.ca**. **Facultydevelopment.ca** is a broadband-intensive learning resource designed to enable new and existing faculty in Canadian universities to enhance teaching and learning. By providing flexible access to interactive learning materials and a collaborative virtual environment, it addresses barriers that faculty face in their pursuit of lifelong learning – access and time. This project draws on a unique partnership amongst key Canadian organizations in

higher education, including 3M Teaching Fellows, the Society for Teaching and Learning in Higher Education (STLHE), Instructional Development Offices from across Canada, and a leading publisher in higher education, McGraw-Hill Ryerson. In addition to building a community of users of broadband networks, this project is innovative in the development of instructional frameworks that will allow non-technical faculty to assemble and integrate learning object repository (LOR) materials into a pedagogically sound instructional interface. In doing this, *facultydevelopment.ca* serves as a catalyst for faculty to use broadband networks to transform how education is delivered.

University

GR-6 research grant for “Adolescent Procrastination” (\$4600.00) This grant supported data collection from middle-adolescent aged children from the local school boards. This research was part of the preparation for the major research grant application noted above.

Research grant from the Vice President (Academic) to support the development of a teaching certificate program for graduate students (\$5,000/year for each of two years, 1996-1998). This work was completed as part of my Teaching Scholar position at the Teaching and Learning Resource Centre, Carleton University.

GR-6 grant (1995-1997) for the "Psychology of Procrastination" project and to support the work of my research group on procrastination (\$5,000.00 over two years). For a summary of these activities, see the world wide web site, URL: <http://www.carleton.ca/~tpychyl>

Service to the Profession

a) Offices in learned societies

Institute for the Advancement of Teaching in Higher Education – Executive Director (2004), Member of the Board, 2004-2008, Acting Chair of the Board, 2008-2009

Social and Personality Section, Canadian Psychological Association. 1999-2000

Member - Canadian Psychological Association, 1997-2008.

Member - Eastern Psychological Association, 1997-2000, 2008.

b) Scholarly assessments

Manuscript review for:

Personality and Individual Differences
Psychological Science
Social Indicators Research
Journal of Research in Personality
Journal of Social Behavior and Personality
European Journal of Social Psychology
European Journal of Cognitive Psychology
European Journal of Psychological Assessment
Psychological Bulletin
Social Behavior and Personality: An international journal
Journal of Research on Adolescence
Basic and Applied Social Psychology
Teaching of Psychology

The International Journal for Academic Development
Positive Pedagogy
Teaching Options Pédagogiques

c) *Grant Reviews*

External Review for NSERC (2004)

External Reviewer for Social Sciences and Humanities Research Council (2000, 2001)

Reviewer for CUNY Collaborative Incentive Research Program (2001)

d) *Non-university committee service*

Council of Ontario Universities (COU) - Task Force on Learning Technologies (1999-2000)

CANARIE Learning Program - Senior Steering Committee (1999-2004)

Consultancies and Contract Research (note any unpublished reports resulting from this work)

Nelligan, O'Brian, Payne Law Office - Invited address and workshop *Procrastination: Why don't we just do it?* Montebello, Quebec. (January 23, 2009).

Ministry of Youth and Children Services - Keynote presentation *In pursuit of excellence and well-being*, Toronto (June 24, 2008).

GCTraining/Prevost Associates - Presentation made as part of the event, *Finding joy in life: Living each day to its fullest* (with Dr. Patch Adams and Dr. Lauren Woodhouse) *In pursuit of excellence and well-being*, Ottawa (June 16, 2008).

McGraw-Hill Higher Education – Delivered managers training for effective feedback, coaching and active learning, St. Louis (May 22-23, 2007).

McGraw-Hill Higher Education – Consulted for their National Sales Meeting, Boca Raton, Florida (July 30 – August 4, 2007). Formal report submitted on my observations and recommendations.

McGraw-Hill Higher Education – Consulted for their National Sale Meeting, Pheonix, Arizona (January 3-8, 2008). Formal report submitted on my observations and recommendations.

Department of Justice, Canada – Keynote presentation for their biannual national conference entitled “*Effective Teamwork: What makes a “good” team player?*” (April 30, 2007).

McGraw-Hill Higher Education - Consulted for the Humanities, Social Science and Languages division for their winter National Sales Meeting to facilitate an active-learning approach for this meeting, New Orleans (January 4 – 10, 2007).

McGraw-Hill Ryerson – Facilitated focus groups consisting of faculty from across

Canada to discuss issues of teaching introductory psychology, Toronto and Vancouver (October 19, 2006 and November 1, 2006, respectively)

Metso Minerals – Delivered workshop for managers on effective project management (October 17, 2006).

McGraw-Hill Higher Education – Consulted for the Humanities, Social Science and Languages division for their summer National Sales Meeting to facilitate an active-learning approach for this meeting, Boca Raton, Florida (August 1 – 5, 2006).

McGraw-Hill Higher Education - Prepared and delivered a workshop on active learning and effective coaching for their Mid-Years Manager Meeting, Chicago (June 5-8, 2006).

McGraw-Hill Ryerson & Apple (Canada) – iPod Pilot project for 30 instructors of Marketing from colleges and universities across Canada. Held in Toronto, March 2 & April 13, 2006. I served as the meeting facilitator and instructional-design consultant.

Human Resources and Skills Development Canada – Contract (\$3500) to organize a discussion about the quality of teaching in higher education. Meeting held February 25, 2004, University of Ottawa. Unpublished report submitted to HRSD, May 19, 2004 - “Discussion Paper on the Quality of Teaching and Learning in Canadian Post-Secondary Institutions”.

McGraw-Hill Ryerson, Canada – Higher education sales personnel training and consulting: Toronto (July 9, 2003), Boca Raton, Florida (Augusts 6-8, 2003) and San Francisco (January 2-3, 2004).

McGraw-Hill Ryerson, Canada – Higher education sales personnel training and consulting: Toronto (July 3, 2002), Boca Raton, Florida (Augusts 7-9, 2002) and Talisman Resort (August 16-18, 2002).

Academic and Professional Responsibilities

a) Graduate courses taught

Seminar in Personality Psychology, PSYC 5601 (2008)
Seminar in University Teaching, 29.595 & 49.580J & PSYC5800G (1998-2009)
Seminar in Social Psychology, 49.510 (1995-1997)

b) Undergraduate courses taught

Introduction to the Study of Personality, 49.260 (2002-2003), PSYC2600 (2003-2008)
First-Year Seminar - Motivating Humans, 01.138 (1998-2001)
Social Problems, 49.311 (1998)
Introduction to Social Sciences, 03.100 (1995-1998)
Foundations of Developmental Psychology, 49.250 (including **itv**) (1994-1998)
Introductory Psychology, 49.100 (1993-1994)
Honours Seminar in Social Psychology, 49.310 (1993-1994)
Adolescent Psychology, 49.390 (1992-1993)
Sociolinguistics (1992-1994 University of Ottawa)
Advanced English as a Second Language for Academic Purposes (1990-1991)
Social Psychology, 49.210 (1987)

c) *Supervision - Ph.D.*

Larry Grandmaison Completed, December 2006
 Thesis Title: *Assessing Direct Leadership in the Canadian Forces
 Using Two Measures of the Big Five Personality Factors*

Rachelle Thibodeau In progress (year 4 part time)
 Mohsen Haghbin In progress (year 3)
 Allan Blunt In progress (year 3)

Supervision - M.A.

Completed

William Kyle Simpson
 Thesis Title: *In search of the arousal procrastinator: An investigation of arousal-
 based personality traits in relation to procrastination*

Jennine Edmonson
 Thesis title: *A Study of Procrastination from the Perspective of the Cognitive-
 Affective Personality System: Identifying the Psychological Features
 of Nominal Situations in the Academic Context*

Allan Blunt
 Thesis title: *Task aversiveness and procrastination: A multi-dimensional
 approach to task aversiveness across stages of personal projects.*

Jonathon Lee
 Thesis title: *A comparison of the Personal Constructs of students scoring high,
 medium and low on a measure of academic procrastination.*

Christine Simard
 Thesis title: *An examination of the content and construct validity of four
 measures of procrastination*

Haleh Zamanpour
 Thesis title: *The mediational roles of performance-avoidance goals pursuit and
 procrastination in the hierarchical model of achievement motivation.*

Kelly Binder
 Thesis Title: *The Effects of an Academic Procrastination Treatment on Student
 Procrastination and Subjective Well-being*

Anita Heavenor
 Thesis title: *The influence of implementation intentions on goal pursuit and
 procrastination*

In Progress

Matthew Dann Expected completion, Summer 2009
 Eric Heward Expected completion, Summer 2010

Supervision - Honours Theses (and essays)

September 2008 – April 2009

Adam McCaffrey Self-determination theory and procrastination

Ahmed Abdel Sattar Action-identification theory, project laddering and
 procrastination

September 2007 – May 2008

Jena Roy
Matt Hickman

The Internet, Facebook and procrastination
Using technology to enhance deep
learning

May 2006 – August 2006

Christina Malley

Emotional intelligence and procrastination

September 2005 – April 2006

Shannon Bennett

Experiences of Shame and Guilt in
Relation to Procrastination

Matt Dann

A Project Analytic Study of
Undergraduate Student Motivation,
Procrastination, and Academic
Achievement

Nikolina Duvall-Antonacopoulos

An Examination of the Relationship
between Social Support,
Anthropomorphism and Stress among
Canine Owners

Shannon McCloskey

Perfectionism and Procrastination: An
Exploration of Perfectionism and Its
Association with Procrastination

Tania Morrison

Personality Similarity As A Predictor Of
Human-Canine Relationship Satisfaction

Kathryn Perkins

Personality And Procrastination:
Examination Of Source Traits Using The
IPIP-Hexaco

Lauren Potvin

A Volitional Intervention: The Effects Of
Implementation Intentions On Sustaining
An Environmentally Responsible Behavior

David Van Dyk

The Relation Between Trait
Procrastination and Social Loafing: Big-
five Factor Conscientiousness as
Mediating Variable

Michael Wolfson

Quantum Change in the Academic Lives
of Undergraduate Students

September 2004 – April 2005

Roshané Shamsi

Procrastination and motivational theory:
Approach and avoidance

Jennifer Cathcart

The effects of student personality and professor
teaching style on academic procrastination

Sara Jappert

Personal Project Analysis and relationship
intimacy

Alison Moore

Personality and Performance in the Equine
Athlete

September 2003 – April 2004

Lisa Campeau

Procrastination and personal projects: Changing
the unit of analysis from person to project

Matthew Shanahan Identity Status and Procrastination

September 2002 – April 2003

Kelly Banks Pathological internet use: Examining characteristics of internet addiction and its effects on individuals lives
 Nicole McCance An experience sampling study of thoughts, feelings and coping strategies in relation to procrastination
 Allison Rawlings Internet procrastination and the Big-Five personality traits

September 2001 - April 2002 (sabbatical year)

Jane Newton Trait procrastination and self-regulation depletion

September 1999 – April 2000

Greg Dunn Stress, coping and procrastination
 Jennifer Lavoie Procrastination and the internet
 Julie Lemieux Health/Body projects and procrastination
 Tara Wheeldon Procrastination and social loafing

September 1998 - April 1999

Brad Annis Individual differences and group work
 Jose Castillo (essay) Racism in IQ testing
 Pam Duniz Project Laddering and Procrastination
 Chad Edmonds (essay) Motivation in Sports
 Jen Greatrix Stress and Procrastination
 Kathy Harriott Procrastination on the Internet
 Mitch Mathura (essay) Self-Regulation and Procrastination
 Carole Mallows Existential anxiety and Procrastination
 Peter Petrie (co-supervised with Dr. Gary Gerber, Brockville)
 Dana Seymour Obsessive Compulsive Disorder and Procrastination

September 1997 - April 1998

Karen Birch Boredom and Procrastination
 Lisa Burt (essay) Current role performance through the life span:
 Influence on self-esteem and procrastination
 Jason Cassidy Conscientiousness, state orientation and procrastination
 Kim Corace Stress and procrastination
 Jennifer Holman (essay) The effects of parenting style on procrastination
 Steve McKibbin Social presence and CHAT course newsgroups
 Rick Morin Procrastination and the planning fallacy
 Arron Service Temporal aspects of procrastination
 Karin Trounce (essay) Rational emotive therapy and procrastination

September, 1996 - April, 1997

Darlene Clark Volitional action and goal setting
 Janice Dahms¹ Adolescent perceptions of mental health
 Katharine Howell² Self-medication ability in hospitalized elderly
 Pat McGrath Organizational commitment and procrastination

Brian Salmon Procrastination and the planning fallacy
Andrew Slipchenko (essay) A review of the procrastination self-help literature

¹Co-supervision with Dr. Ian Manion, Childrens Hospital of Eastern Ontario.

²Co-supervision with Dr. Louise Patrick, Geriatric Rehabilitation, SCO Hospital

September, 1995 - April, 1996

Jane Adams Procrastination: An experience sampling approach
Scott Askey (essay) Corporal punishment and violence in the school system
Atlas Chan (essay) Procrastination and personality
Blair Getz (essay) Adolescent Suicide: A critical review of the literature
Rachelle Thibodeau A grounded theory of procrastination
Kathleen Wood A qualitative analysis of the daily hassles experienced by elderly people

September, 1994 - April, 1995

Carrie Aldis (essay) Teaching methods for the developmentally challenged
Allan Blunt Perceptions of date rape, sex roles and gender stereotypes
Lisa Davis Social support: A six factor model
Amanda Pollock Organizational commitment and burnout
Sarah Ramisch Cross-cultural understanding and cultural stereotypes
Marc Spooner Personal projects analysis: The role of project efficacy

d) *Theses examined for other departments at Carleton or externally*

Ms. Shelley Fahlman, York University, Doctoral examination external examiner (December 10, 2008). *Development and validation of the multidimensional state boredom scale.*

School of Linguistics and Applied Language Studies, May 4, 2006, Candidate: Ms. Zakiya Al Naddabi

School of Linguistics and Applied Language Studies, August 17, 2004
Candidate: Ms. Elana Aminkova
Test-Takers' perceptions: Behind the Construct of a Test

School of Linguistics and Applied Language Studies, February 3, 2004
Candidate: Ms. Ritsuko
Focus on form activities in the communicative approach to language teaching

Memorial University, Department of Education, December 12, 2001.
Candidate: Michael Barber
The uses and values of Internet discussion groups in a post secondary environment

School of Linguistics and Applied Language Studies, May 28, 2001
Candidate: Joong-ha Lee
Exploring dynamic perspectives on L2 motivation: A qualitative inquiry of three adult Korean ESL learners in Canada

University of Ottawa, Department of Psychology, March 15, 2000

Candidate: Lawrence Miller
Psychological Well-Being Among University Students: Problem Solving, Career-Decision-Making Attitudes, and Program Commitment

School of Linguistics and Applied Language Studies, January 12, 2001
 Candidate: Edina Torlakovic (M.A. thesis)
Computer Assisted Instruction for Second Language Acquisition

School of Business, January 16, 2001
 Candidate: Brian Russell
An examination of the mentoring construct using the act frequency approach

School of Journalism and Mass Communication, August 11, 2000
 Candidate: Bev Wake (M.A. thesis)
Wired classrooms: Why computers should be a cautious addition to teachers' toolkits

Department of Sociology and Anthropology, May 23, 2000
 Candidate: Marc Tyrrell (Doctoral Dissertation)
Rites of Passage in the Out-Placement Industry

School of Linguistics and Applied Language Studies, January 14, 1999
 Candidate: Hyeran Choi (M.A. Candidate)
Interactive use of reading strategies: Seven cases in second language reading

Department of Sociology and Anthropology, April 28, 1998.
 Candidate: Jessie-Lynn MacDonald (M.A. Candidate)
Parental Abduction: The Nature, Patterns and Consequences for Canadian Society

School of Business, July 16, 1997.
 Candidate: Julie Ferrari
*The Effects of Anonymity on Individuals using Group Decision Support Systems
 Theses examined for other departments at Carleton (continued)*

School of Business, June 10, 1997.
 Candidate: Andre T. Lyn
Training End-Users: The Application of Cognitive Theory to Learning a Database Software Package

e) *Departmental Graduate Examining Committees*

<u>Candidate</u>	<u>Date</u>	<u>Degree and Exam</u>
Ersin Asliturk	April 9, 2009	Ph.D. defense
Nikolina D Antonacopoulos	January 15, 2009	M.A Thesis
Erin Hill	November 28, 2008	M.A. Prospectus
Deanna Whelan	August 18, 2008	M.A. Thesis
Maya Santoro	June 19, 2008	M.A. Prospectus
Sheila Narashimhan	June 6, 2008	Ph.D. Prospectus
Maria Rasouli	February 14, 2008	Ph.D. Prospectus
Lorena Ruci	July 26, 2007	Ph.D. Comprehensive
Sheila Narasimhan	June 18, 2007	Ph.D. Prospectus
Leanna Closson	May 29, 2006	M.A. Thesis
Amanda Nolan	January 23, 2006	M.A. Prospectus
Ersin Asliturk	January/April 2006	Ph.D. Prospectus

Robin Westmacott	January 13, 2006	M.A. Thesis
Annie Yessine	December 20, 2005	Ph.D. Comprehensive
David Jenkins	December 2005	M.A. Thesis
Leanna Closson	October 21, 2005	M.A. Prospectus
Tanya Rugge	September 8, 2005	Ph.D. Prospectus
Christopher Motz	September 7, 2005	M.A. Thesis
Lisa Nisbett	September 1, 2005	M.A. Thesis
Lorena Ruci	July 18, 2005	M.A. Thesis
David Jenkins	May 24, 2005	M.A. Prospectus
Lorena Ruci	January 28, 2004	M.A. Prospectus
Robin Westmacott	November 18, 2004	M.A. Prospectus
Craig Dowden	September 17, 2004	Ph.D. Dissertation
Ersin Asliturk	September 15, 2004	Ph.D. Comprehensive
Lisa Nisbett	August 26, 2004	M.A. Prospectus
Judy Brown	July 15, 2004	Ph.D. Comprehensive
Rachelle Thibodeau	April 30, 2004	Ph.D. Comprehensive
Ruth Sullivan	October 28, 2003	M.A. Prospectus
Cecilia Taiana	September 20, 2002	Ph.D. Dissertation
Michelle Melia-Gordon	August 19, 2002	Ph.D. Dissertation
Craig Dowden	December 13, 2001	Ph.D. Prospectus
Juliana Pulford	June 11, 2001	M.A. Thesis exam
Fuschia Sirois	May 23, 2001	Ph.D. Prospectus
Ann Marie Churchill	May 11, 2001	Ph.D. Comprehensive
Faramarz Assefi	January 16, 2001	PhD Prospectus
Barabara Cole	September 22, 2000	M.A. Thesis Exam
Isabel MacKay	September 12, 2000	M.A. Thesis Exam
Michelle Gordon	June 5, 2000	PhD Prospectus
Nancy Sinclair	April 26, 2000	M.A. Thesis Exam
Les Buckley	April 19, 2000	PhD Comprehensive
Craig Dowden	April 12, 2000	PhD Comprehensive
Kendra Delveaux	February 23, 2000	PhD Comprehensive
Audrey Wexler	January 17, 2000	M.A. Thesis Exam
Ravi Ramkissoonsingh	September 13, 1999	M.A. Thesis Exam
Cecilia Taiana	September 9, 1999	Ph.D. Prospectus
Brenda Smith	June 30, 1999	Ph.D Comp Exam
Isabel Mackay	May 12, 1999	M.A. Prospectus
Johanna Segerstrom	May 11, 1999	M.A. Thesis Exam
Juliana Pulford	April 23, 1999	M.A. Prospectus
Maria-Antionietta Francini	April 9, 1999	Ph.D. Thesis Exam
Chantal Langevin	April 7, 1999	M.A. Thesis Exam
Monique Bussiere	March 15, 1999	Ph.D. Comprehensive
Stephanie Robertson	February 5, 1999	M.A. Thesis Exam
Jennifer van de Ven	September 21, 1998	M.A. Thesis Exam
Rachelle Thibodeau	September 14, 1998	M.A. Thesis Exam
Karen Lacey	August 19, 1998	M.A. Thesis Exam
James McIntyre	August 31, 1998	M.Sc. Thesis Exam
Martha MCDougall	May 14, 1998	M.A. Thesis Exam
Craig Manley	May 7, 1998	M.A. Thesis Exam
Debbie Stewart	January 12, 1998	M.A. Thesis Exam
Daniel Antonowicz	February 17, 1997	Ph.D. Comprehensive
Barbara Virley-O'Connor	September 12, 1996	M.A. Thesis Exam
Gary Goldfield	May 22, 1996	Ph.D. Comprehensive

f) *Innovation in teaching methods*

First-Year Seminar

Pioneer in the creation of the first-year seminars for the B.A. program. Provided leadership within the First-Year Seminar Instructors' Group with presentations about the use of technology to enhance learning and curriculum design (see "Other important forms of scholarly activity" above).

PSYC2600 "Introduction to the Study of Personality"

This course has been the focus of much of my innovation for the past 7 years. During 2004-05, I implemented a number of learning resources for my students, including: 1) a partnership with the library (Ms. Flavia Renon) to assist with the library research project, 2) collaboration with the PASS program of the CIE to support student study skills, and 3) further development of the small-group research project for the course. These aspects of the course development were presented at a national teaching conference (Society for Teaching and Learning in Higher Education, June 2004) and in 2008 were published as a book chapter.

In addition to this direct support of student learning, my main focus on innovation for my teaching has been on the use of streaming video to supplement face-to-face teaching. In this case, I purchased a video encoder (\$1400 of personal funds) and had it installed in C264 Loeb. I then formed a partnership with a local Webcasting company, Xstream Webcasting, who provided server space for my encoded videos. With the assistance of the CUTV technician, Mr. Kevin Burton, I was able to encode my CUTV lectures for live streaming as well as archived streaming. This innovation is important for a number of reasons. First, I changed the technology used for streaming from our first-generation QuickTime videos to RealPlayer. This created a much better video quality. At the same time, we incorporated a number of learning enhancements in the play-back interface including easy access to the lecture slides and notes. Second, moving to live streaming allowed students to access the course from a distance in real time and, using a link we created on the RealPlayer interface, allowed students to ask questions in real time during the class. In fact, this past term, I incorporated a wireless network in the class which allowed my co-instructor to deal with student questions as they were posed online. Third, I used this technology not only to archive lectures, but also to create learning resources for the students. For example, during the December exam period, I had the CUTV staff videotape our librarian partner as she explained how to approach the research assignment. This video was then archived on the course Web site so that students could access it as needed. Student feedback was very positive about access to the video streams of the class and assignment resources, and I understand that based on my pilot test of this new set up, the EDC will now be moving all of its video streaming to this new system and new service provider.

Finally, in terms of this CUTV class, I purchased and employed hand-held transceivers in my class that allowed me to poll students remotely in the class. This allowed me to pose multiple-choice questions throughout a lecture and for students to work together in small groups to answer these by sending their answers wirelessly in class to my computer. This has been an outstanding active-learning tool. Student feedback has been unanimously supportive of this tool, and I continue to explore new ways to use this tool to make my lectures more active for students.

Faculty Development and First-Year Seminar Curriculum Development

During the fall and winter terms of 2001-2004, I continued bi-weekly meetings of the FYS Instructors' Brown Bag sessions. This "Faculty Learning Community" (FLC) served as an ongoing professional development opportunity for interested

instructors. Our FLC has resulted in another conference presentation at the Society for Teaching and Learning in Higher Education for June 2004.

First-Year Seminar Instructors' Conference

In conjunction with my teaching of the Seminar in University Teaching (PSYC5800G), I helped to organize and deliver a conference for FYS instructors on April 5, 2004. This conference brought together FYS instructors to explore aspects of academic integrity through a guest lecture provided by Dr. Julia Christiansen-Hughes (University of Guelph), and it provided an opportunity for the graduate students in the seminar to present posters representing the scholarship of teaching in their respective disciplines.

Seminar in University Teaching

As part of my responsibilities as a Teaching Scholar with the Teaching and Learning Resource Centre, I co-developed and co-taught (with Carole Dence, Director, TLRC and Alana Hermiston, Ph.D. candidate, Sociology) a new graduate seminar. The seminar is part of a larger, ongoing curriculum project with the creation of a certificate in university teaching for graduate students (see <http://www.carleton.ca/sut>).

In 2002-2004, based on my graduate seminar, "Seminar in University Teaching" and with funding provided by my Teaching Achievement Award (2001-2002), I have founded **facultydevelopment.ca**. Together with colleagues from the University of Ottawa, I have received \$500,000 (\$250K in-kind contributions) to develop this teaching and learning resource further (see Research Funding for details of project).

Institute for the Advancement of Teaching in Higher Education

The Institute was developed as the business model to sustain facultydevelopment.ca now that the CANARIE grant is complete. The Institute is based on membership at various levels. Our Sustaining Members, McGraw-Hill Ryerson and the University of Ottawa, provided \$150K of funding annually and office space/support, respectively. The IATHE was disincorporated in 2009.

Council of 3M Teaching Fellows

I have played an integral role in the formal organization of the Council of 3M Teaching Fellows with the STLHE. In May 2003, through my CANARIE funding, I helped fund and organize a "Think Tank" of 3M Teaching Fellows at which time we formally organized ourselves into the Council. This organization further enriched the collaboration in facultydevelopment.ca and it provide a base for international collaboration.

Social Sciences Curriculum Project

Co-developed and co-taught (with Shelagh Squire, Geography) an interdisciplinary first-year course 1994-1998. This course provided a model for the first-year seminars. We presented our curriculum to colleagues on campus as part of faculty development and at meetings of learned societies (see "Papers presented" above).

Teaching Assistant Training

Between 1994 and 1998, I initiated and developed the "Brown-Bag Seminars" for the ongoing development of graduate students. I also founded the "Teaching Assistant Newsletter (TAN)" to increase communication among Teaching Assistants.

Teaching with Technology

I pioneered the use of CHAT for teaching in 1993-1994. This original work with CHAT course newsgroups was expanded to the development of course web sites and student web sites for course assignments. I have published research on this work in the *Teaching of Psychology*, and I have presented aspects of this work at various meetings of learned societies.

I was also involved in some innovative work with the Department of Engineering and Instructional Television. Carleton University distributed four courses on an experimental basis via Mbone through OCRIInet to the CANARIE National Test Network. I developed the web site for this project (see <http://www.carleton.ca/~tpychyl/mbone/>).

University Partnership

Since 1994, I have been involved in a very active and successful partnership with Holy Trinity Catholic High School and most recently with All Saints Catholic High School (2002-2003). A key aspect of this work involves connecting undergraduate and graduate students from Carleton as student mentors with OA students at the high school as they complete their independent studies. We have presented this model of curriculum partnership at numerous meetings of learned societies.

Ottawa Participatory Researchers in Education (OPRIE)

In conjunction with the Dr. Stephen Richer (Director, Muni Frumhartz Centre for Studies in Education, Department of Sociology and Anthropology) and Dr. Brad Cousins (Director, M.Ed. & Professional Development Programs, Department of Education, University of Ottawa), I was one of the founding members of a participatory research group which brought together academics, high school teachers and students from both institutions to examine aspects of education. We have presented the results of our research and reflections on participatory research at various meetings of learned societies.

Administrative Responsibilities at Carleton (Sabbatical 2001-02, Unpaid leave of absence September 1, 2006 – April 30, 2007)

a) *Department*

Graduate Chair	2008-2009
Graduate Chair	2004-2006
Undergraduate Committee	2002-2004, 2007-2008
Promotions and Tenure Committee	2002-2004
Retention Committee	2002-2003
Recruitment Committee (Chair)	1997-2001
Planning Committee	1997-1999
Ethics Committee	1997-1999
TLRC Departmental Contact	1998-2001
Undergraduate Chair (Pro tem)	June - August, 1997

b) *Faculty*

First-year seminar committee	2002-2003
B.A. Council - Library Curriculum Subcommittee	2002-03
Teaching Advisor to Dean of FASS	2000-2001
Prep Week Committee	1997-1999

c) *University*

President's Roundtable on Teaching and Learning (Chair)	2006
Associate Marshal for Convocation	1998-2006

Spring Conference Committee (Chair)	1998-2001
Associate Dean of Students	1999-2000
CUASA JCAA Committee on Electronic Teaching	1998-1999
Teaching in the Electronic World Working Group	1997-1998
Spring Conference Committee	1997-1998
University Partnership Coordinator	1994-2004
Beadle for Convocation	1995-1997
University Recruitment	
Toronto University Recruitment Fair	1997, 1998, 1999
Carleton University Experience speaker)	1997-2001 (keynote
Career and Education Day	1996
University/Community Day	1997-2001
March Break Program	2000-2003